**Ten Principles of Catholic Social Teaching**

**1. The Principle of Respect for Human Dignity**

Every person is created in the image of God

Consequently, every person is worthy of ***respect*** simply by virtue of being a human being.

Disability, poverty, age, lack of success or race does not change this right.

**2. The Principle of Respect for Human Life**

Every person, from the moment of conception to natural death has a right to ***life***.

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**3. The Principle of Association**

We are our true selves when we ***relate*** well to others, not when we are isolated individuals.

4. **The Principle of Participation**

People have a **duty** to participate in shaping a more ***just*** and human society, seeking together the common good and well-being of all, especially the poorand vulnerable.

**5**. **The Principle of Preferential Option for the Poor and Vulnerable**

Put the needs of the ***poor*** and vulnerable first.

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**6. The Principle of Solidarity**

Don’t feel sorry for those less fortunate ‘love your ***neighbour***’ commit oneself to the common good for all our brothers and sisters

7. **The Principle of Stewardship**

Show respect for Creation. We have duties towards future generations to respect the rhythms of nature and live more ***sustainably.***

8. **The Principle of Subsidiarity**

Help, aid or support others. The right amount of ***help*** or support that is needed. “not too much”. ‘No bigger than necessary, no smaller than appropriate’.”8

**9. The Principle of Human Equality:** Giving people a ***fair*** go.

**10. The Principle of Common Good**

A community is genuinely healthy when ***all*** people, not only one or several segments, flourish.